



ST PAUL'S C OF E (C) PRIMARY SCHOOL

P.E at St. Paul's CE Primary School

Intent	
Our Physical Education philosophy is...	At St Pauls C of E Primary School, Physical Education is an essential part of our curriculum, and we strive to create a culture which aims to inspire a generation to enjoy PE, encourage each other and achieve. We provide a safe and supportive environment for children to flourish in a range of different physical activities which is essential in supporting their physical, emotional, and social development. We aspire for children to believe that anything can be achieved with determination and resilience, and we want to allow for children to partake in a variety of sports and competitions.
Implementation	
The curriculum for this subject area is designed using...	<p>The National Curriculum P.E Program of Study focusing on the development of four strands:</p> <ol style="list-style-type: none"> 1. Acquisition and development of skills 2. Selection and application of skills, tactics and compositional ideas 3. Evaluation and improvement of performance 4. Knowledge and understanding of fitness and health. <p>At St Paul's we follow the Get Set 4 PE Scheme which has a carefully sequenced PE curriculum that enables pupils to build their skills, knowledge, and understanding progressively, resulting in increased competence and confidence when participating in a variety of sports and physical activities. Pupils can develop a stronger understanding of rules, tactics, and game play, allowing them to apply their learning effectively in competitive situations.</p>
Curriculum coverage in this area is progressive. We ensure this by...	<p>We use the Get Set 4 PE Scheme to ensure progression and continuity from Foundation Stage to the end of Year 6.</p> <p>Throughout KS1 we want the children to master basic movements including running, jumping, throwing and catching as well as developing balance, agility and coordination. By the end of KS2, we want the children to use the skills from KS1 in isolation and in combination as well as having the opportunity to play competitive games, applying basic attacking and defending principles.</p> <p>KS2 will have a specific sport to focus for every half term so that they are being exposed to a variety of sports that they may not have heard of before. We also want to ensure that they are exposed to these types of sports so that they are starting secondary school with preexisting knowledge of such sports and so will have confidence to play and participate in games.</p>
If a topic is repeated in various year groups, we ensure that learning builds on prior knowledge by...	The P.E Progression Framework outlines the skills, vocabulary, and materials to be built upon by each year group. This enables learning to be progressive and ensures that children consistently learn new skills appropriate to their ability and potential.
This subject links with the rest of our curriculum by...	<p>Science</p> <ul style="list-style-type: none"> • Learning about the human body, muscles, bones, and the circulatory system. • Understanding the effects of exercise on the body. • Exploring healthy lifestyles, nutrition, and the importance of physical activity. • Investigating forces, movement, and balance.

	<p>PSHE and RSE</p> <ul style="list-style-type: none"> • Developing teamwork, cooperation, and communication skills. • Building resilience, determination, and self-confidence. • Learning about healthy lifestyles and mental wellbeing. • Understanding fairness, respect, and positive relationships. <p>Art and Design</p> <ul style="list-style-type: none"> • Exploring movement and body shapes through dance. • Designing team logos, kits, or sports posters. • Appreciating movement as a form of creative expression. <p>Music</p> <ul style="list-style-type: none"> • Performing dance sequences to rhythm and music. • Understanding timing, tempo, and coordination. • Creating and responding to movement inspired by musical pieces.
<p>Different year groups, and different abilities within a class, are catered for by...</p>	<p>PE lessons are designed to meet the needs of all pupils, regardless of age, ability, or prior experience. Across the school, learning is carefully sequenced to ensure that skills, knowledge, and understanding are developed progressively from one year group to the next. This enables pupils to build on prior learning and develop increasing confidence and competence as they move through the school.</p> <p>Within lessons, activities are differentiated and adapted to ensure that all pupils can access the learning and achieve success. Teachers use a range of strategies, including modifying equipment, adjusting the level of challenge, varying groupings, and providing additional support or extension tasks where appropriate. This allows pupils of differing abilities to work at a suitable level while continuing to make progress.</p> <p>The use of STEP principles (Space, Task, Equipment, People) enables teachers to adapt activities effectively to meet individual needs. Pupils who require additional support are provided with opportunities to practise and consolidate key skills, while those who demonstrate greater proficiency are challenged through more complex tasks, leadership opportunities, or advanced application of skills within game situations.</p> <p>This inclusive approach ensures that all pupils are actively engaged, experience success, and are supported to make progress in PE, regardless of their starting points.</p>
<p>Trips, visits and the local community support this subject by...</p>	<p>Pupils are provided with a wide range of opportunities to participate in physical activity, including competitive sports, non-competitive activities, and creative physical pursuits such as dance and drama. Our focus is on promoting participation, enjoyment, and personal achievement, ensuring that all opportunities are accessible to every pupil, regardless of ability or experience. We offer a variety of extra-curricular sports clubs throughout the year, including netball, football, rounders, and dance, enabling pupils to develop new skills, build confidence, and foster a lifelong enjoyment of physical activity.</p> <p>In addition, a range of events are organised to promote physical activity and raise its profile across the whole school community. These include:</p> <ul style="list-style-type: none"> • Whole School Sports Evening • Inter-house sporting competitions • Sporting competitions with local schools • Activities and events linked to national and international sporting occasions, such as the Olympic Games, Commonwealth Games, and FIFA World Cup
<p>The subject is monitored by...</p>	<p>The PE Coordinator carries out regular monitoring of PE lessons and provides feedback to support continuous improvement. Staff will be supported to ensure the curriculum is</p>

	delivered consistently and that clear progression in skills and knowledge is evident across all year groups.
The subject is assessed by...	Assessment is carried out through ongoing teacher assessment, with pupils' learning considered in relation to the intended outcomes of each unit. Judgements are made based on whether pupils are working towards, meeting, or exceeding expected outcomes.
Staff development in this subject includes...	Training on the Get Set 4 PE scheme has supported staff in delivering PE effectively. The scheme's built-in video demonstrations provide clear models of key skills, helping teachers who may be less confident with practical demonstrations. Additional CPD opportunities are available to further enhance staff knowledge, skills, and confidence in PE delivery.
Impact	
In PE, you will see...	All those leading physical activity sessions adopt a caring and supportive approach. The school identifies pupils who do not participate in physical activity and those who need extra support to participate and implements strategies to encourage and support these pupils to be more active. Pupils' participation in physical activity is recognised and celebrated through presentations in assemblies and information on noticeboards/ in newsletters. In addition, the more sporting competitions available to children will enthuse them and will bring them exciting opportunities.
What is the impact of our P.E curriculum?	<p>At St Paul's Primary School, we provide a broad, balanced, and progressive PE curriculum that enables all pupils to develop fundamental movement skills and apply them confidently across a wide range of sports and physical activities. Learning is carefully sequenced to ensure that children build upon prior knowledge and skills, allowing them to make sustained progress throughout their time at the school.</p> <p>We are committed to ensuring that every child is given the opportunity to succeed, develop their abilities, and achieve their personal best. Through high-quality PE lessons, pupils develop confidence, resilience, teamwork, and a positive attitude towards physical activity.</p> <p>We recognise the important role that physical activity plays in supporting pupils' overall wellbeing and academic achievement. Our pupils are encouraged to lead active and healthy lifestyles and develop an understanding of the benefits of regular exercise, linking closely with learning in science and personal development.</p> <p>Our aim is to inspire a lifelong love of sport and physical activity, equipping children with the knowledge, skills, and motivation to remain active beyond their primary school years. Pupils are provided with opportunities to represent the school in sporting events and competitions, fostering a sense of pride, teamwork, and sportsmanship.</p> <p>We celebrate sporting participation and achievement both within and beyond school through our Celebration Assemblies, recognising effort, commitment, and success at all levels. By doing so, we promote positive attitudes towards sport and physical activity while encouraging all children to take part and strive to achieve their full potential.</p>